: Architecture Assistantship/ Automobile Engineering./ Artificial Intelligence/ Agricultural En Artificial Intelligence and Machine Learning/ Automation and Robotics/ Architecture/ Cloud Civil Engineering/ Chemical Engineering/ Computer Technology/ Computer Engineering/ Civil & Rural Engineering/ Construction Technology/ Computer Science & Engineering/ Fasl Dress Designing & Garment Manufacturing/ Digital Electronics/ Data Sciences/ Electrical En Electronics & Tele-communication Engg./ Electrical Power System/ Electronics & Communic Engineering/

Programme Name/s

Food Technology/ Computer Hardware & Maintenance/ Hotel Management & Catering Tech

Control/

Industrial Electronics/ Information Technology/ Computer Science & Information Technology Interior Design & Decoration/ Interior Design/ Civil & Environmental Engineering/ Mechani Mechatronics/ Medical Laboratory Technology/ Medical Electronics/ Production Engineering Printing Technology/ Polymer Technology/ Surface Coating Technology/ Textile Technology/

Electronics & Computer Engg./ Travel and Tourism/ Textile Manufactures

: AA/ AE/ AI/ AL/ AN/ AO/ AT/ BD/ CE/ CH/ CM/ CO/ CR/ CS/ CW/ DC/ DD/ DE/

Programme Code DS/ EE/ EJ/ EP/ ET/ EX/ FC/ HA/ HM/ IC/ IE/ IF/ IH/ IS/ IX/ IZ/ LE/ ME/

MK/ ML/ MU/ PG/ PN/ PO/ SC/ TC/ TE/ TR/ TX

Semester : Second

: SOCIAL AND LIFE SKILLS **Course Title**

Course Code : 312003

I. RATIONALE

Rationale: Life skills can be defined as abilities that enable humans to deal effectively with the demands and challenges of life. S skills that are needed for successful, healthy relationships to easily adapt when moving from one social situation to the next. Th effectively and develop enduring, supportive relationships, we're happier and healthier. This is why developing life skills and eventual to being successful in life, it's key for our health and well-being. Thus, Teaching of Social and life skills provide students with essenti attitudes, values, morals ,social skills and better equip them to handle stress and build their self efficacy, self esteem and self confiden

Note: The course offers five different alternatives (modules) for achieving above outcomes. Students must complete any one mo options.

- a. MODULE-I: Unnat Maharashtra Abhiyan (UMA)
- b. MODULE-II: National Service Scheme (NSS)
- c. MODULE-III: Unniversal Human Values
- d. MODULE-IV: Value Education (Unnati Foundation)
- e. MODULE-V: Financial Literacy (NABARD)

The institute can choose to offer any one MODULE to the groups of the students by taking into consideration the resources requ the institute. Different group of students maybe offered different MODULE based on their choices.

II. INDUSTRY / EMPLOYER EXPECTED OUTCOME

Demonstrate critical social and life skills ethics, resilience, positive attitude, integrity and self-confidence at workplace and society at

III. COURSE LEVEL LEARNING OUTCOMES (COS)

Students will be able to achieve & demonstrate the following COs on completion of course based learning

- CO1 Enhance the ability to be fully self-aware and take challenges by overcoming all fears and insecurities and grow fully.
- CO2 Increase self-knowledge and awareness of emotional skills and emotional intelligence at the place of study/work.
- CO3 Provide the opportunity to realizing self-potential through practical experience while working individually or in group.
- CO4 Develop interpersonal skills and adopt good leadership behaviour for self-empowerment and empowerment of others.
- CO5 Set appropriate life goals with managing stress and time effectively.

IV. TEACHING-LEARNING & ASSESSMENT SCHEME

		Abbr Course					Lear	ning S	cheme						Ass	essm
Cours	(nurse Little			H	ıal Coı rs./We				Credits	Paper		Theo	ry			
Code			Category/s	Category/s	CL	TL	LL	SLH	NLH		Duration	FA- TH	SA- TH	To	tal	
												Max	Max	Max	Min	
31200	SOCIAL AND LIFE SKILLS	SFS	VEC	ì	-	-	2	2	1		-	-	-	-		

Total IKS Hrs for Sem. : Hrs

Abbreviations: CL- ClassRoom Learning, TL- Tutorial Learning, LL-Laboratory Learning, SLH-Self Learning Hours, NLH-Notion Formative Assessment, SA -Summative assessment, IKS - Indian Knowledge System, SLA - Self Learning Assessment Legends: @ Internal Assessment, # External Assessment, *# On Line Examination, @\$ Internal Online Examination Note:

- 1. FA-TH represents average of two class tests of 30 marks each conducted during the semester.
- 2. If candidate is not securing minimum passing marks in FA-PR of any course then the candidate shall be declared as "Detained"
- 3. If candidate is not securing minimum passing marks in SLA of any course then the candidate shall be declared as fail and will h SLA work.
- 4. Notional Learning hours for the semester are (CL+LL+TL+SL)hrs.* 15 Weeks
- 5. 1 credit is equivalent to 30 Notional hrs.
- 6. * Self learning hours shall not be reflected in the Time Table.
- 7. * Self learning includes micro project / assignment / other activities.

V. THEORY LEARNING OUTCOMES AND ALIGNED COURSE CONTENT

Sr.No	Theory Learning Outcomes (TLO's)aligned to CO's.	Learning content mapped with Theory Learning Outcomes (TLO's) and CO's.	Suggested
Sr.No			i) Group discus ii) Role play iii) Case study iv) Seminar and Implementation The course will sessions and fie a) Session I - Ir paradigm, field pedagogy b) Session II - Value creation, analysis and reperior considered work - 1. Pilot Visit - If 2. Survey Visit Information Considering the designed, follow considered whim i) Regroup in the conducting the group. ii) Assign a few this course to a liii) A group of the governance book Corporations, Varishads, Panes small technology
		2. Data collected in various formats such as table, pie chart, bar graph etc	iii) A group of c governance boo Corporations, V Parishads, Panc small technolog their area of wo iv) The group o out initial field possibilities of where in studen measure / quant

Sr.No	Theory Learning Outcomes (TLO's)aligned to CO's.	Learning content mapped with Theory Learning Outcomes (TLO's) and CO's.	Suggested
2	TLO 2.1 Adopt a Village or Slum for providing needed services to the community TLO 2.2 Carry out Survey to identify the problems of village community TLO 2.3 Unsertake Special camping about developmental programs TLO 2.4 Establish the liaisons between government and other developmental agencies for the implementations of various development schemes of Government	MODULE II: National Service Scheme (NSS) 2.1 Contacting Village/Area Leaders 2.2 Primary socio economic survey of few villages in the vicinity of the institute. 2.3 Selection of the village for adoption - conduct of activities 2.4 Comprehensive Socio Economic Survey of the Village/Area 2.5 Identification of Problem(s) 2.6 Dissemination of information about the latest developments in agriculture, watershed management, wastelands development, non-conventional energy, low cost housing, sanitation, nutrition and personal hygiene, schemes for skill development, income generation, government schemes, legal aid, consumer protection and allied fields. 2.7 A liaison between government and other development agencies for the implementation of various development schemes in the selected village / slum.	(i) The teachers before adopting (ii) The selected (iii) The communication receptive to the living standard. coordinate and undertaken by the (iv) The areas which is the likely to arise shounds. (v) The area shounds volunteers to slums.
3	TLO 3.1 Demonstrate Love and Compassion (Prem and Karuna) in the society TLO 3.2 Follow the path of Truth (Satya) TLO 3.3 Practice Non-Violence (Ahimsa) TLO 3.4 Follow the Righteousness (Dharma) TLO 3.5 Attain Peace (Shanti) in Life TLO 3.6 Provide Service (Seva) to the needy person/community. TLO 3.7 Demonstrate Renunciation (Sacrifice) Tyaga TLO 3.8 Practice Gender Equality and Sensitivity	MODULE-III: Universal Human Values 3.1 Love and Compassion (Prem and Karuna): Introduction, Practicing Love and Compassion (Prem and Karuna) 3.2 Truth (Satya): Introduction, Practicing Truth (Satya) 3.3 Non-Violence (Ahimsa): Introduction, Practicing Non-Violence (Ahimsa) 3.4 Righteousness (Dharma): Introduction, Practicing Righteousness (Dharma) 3.5 Peace (Shanti): Introduction, Practicing Peace (Shanti) 3.6 Service (Seva): Introduction, Practicing Service (Seva) 3.7 Renunciation (Sacrifice) Tyaga: Introduction, Practicing Renunciation (Sacrifice) Tyaga 3.8 Gender Equality and Sensitivity: Introduction, Practicing Gender Equality and Sensitivity	i) Lectures ii) Demonstration iii) Case Study iv) Role Play v) Observations vi) Portfolio Wivii) Simulation viii) Motivation ix) Site/Industry

r.No	Theory Learning Outcomes (TLO's)aligned to CO's.	Learning content mapped with Theory Learning Outcomes (TLO's) and CO's.	Suggested	
1		MODULE-IV: Value Education (Unnati Foundation)		
- 11	/	4.1 Punctuality, Icebreaker and Simple Greeting, Understanding &		
	TLO 4.1 Demonstrate Puntuality	Managing Emotions, Introducing Self, The power of a Positive		
- 11	appropriately	Attitude, Talking about one's Family, Talking about one's Family,		
-1	appropriatory	Making a Positive Impression, Give word list for a Word based		
/		4.2 Cleanliness, Hygiene and Orderliness, Likes and Dislikes,		
/	XIII	Developing Confidence in Self and Others, Strengths and		
/	04 / 1 12	Weaknesses, Listening Skills, Greeting gestures, Gender Equality		
	TLO 4.2 Practice Cleanliness, Hygiene	and Sensitivity		
	and Orderliness for self and others	4.3 Responsibility, OCSEM- Visual Comprehension and Word		
	and Orderniness for sen and others	Based Learning, Goal Setting – Make it happen, Follow, Like &		
		Share Unnati Social Media - Facebook / Instagram/ Twitter		
		Introducing Others, Time Management, Talking about the daily		
	TLO 4.3 Take Responsibility and	routine, Money Management		
	Calculated Risks	4.4 Gratitude and Appreciation, Asking Simple Questions &		
	Calculated Kisks	Asking for the price, Stress Management, Student Referral process		
		Comprehending & Paraphrasing Information, A Plate of Rice and		
			i) Video Demo	
	TLO 4.4 Demonstrate Gratitude and	Dignity of Labour, Topics for Public Speaking, Placement Process,		
		OCSEM-E-Newspaper, Critical Thinking to overcome challenges	ii) Flipped Cla	
	Appreciations	4.5 Determination and Persistence, Guiding and Giving Directions,	, 11	
		Language Etiquette & Mannerism, . Unnati Philosophy, b. Unnati	iii) Case Stud	
	TIO 45 Cl. D	Branding - Follow, Like & Share Unnati Social Media - Facebook /		
4	TLO 4.5 Show Determination &	Instagram/ Twitter, Simple instructions to follow procedures,	iv) Role Play	
4	Persistence about work	Assertiveness, Give topics for Debate, Describing a	,	
		person/Objects, Refusal Skills, Word List for Word based Learning	v) Collaborati	
	THO 4 (C' P	4.6 Respect, Comparing, OCSEM - Public Speaking, Student	,	
	TLO 4.6 Give Respect as per the social	referral process, Attending a phone call, Being a Good Team Player	vi) Cooperativ	
`	norms and practice	, Placement Process, At a Restaurant, Workplace ethics	, 1	
		4.7 Team Spirit, Inviting someone, OCSEM - Picture Reading &	vii) Chalk-Bo	
		Word, a. Unnati Philosophy & b. Unnati Branding - Follow, Like &	,	
1		Share Unnati Social Media - Facebook / Instagram/ Twitter,		
		Apologizing, Apologizing, Dealing effectively with Criticism,		
	TLO 4.7 Respect Team Spirit to the	Introduce Importance of Self Learning and upskilling		
- 6	acceptable level	4.8 Caring and Sharing , Handling Customer queries, Flexibility &		
		Adaptibility, Student referral process, Writing a Resume, OCSEM-		
		Public Speaking, Placement Process, Meditation/ Affirmation &		
	TLO 4.8 Practice Caring & Sharing	OCSEM-Debate, Introduce Certif-ID, how to create Certif-ID		
	among fellow citizens/community	Project,		
\		4.9 Honesty, Email etiquette & Official Email communication,		
١.		Alcohol & Substance use & abuse, Describing a known place,		
1	TLO 4.9 Demonstrate Honesty	Leadership Skills, Describing an event, OSCEM-Picture Reading		
		& Visual Comprehension		
	10	4.10 Forgive and Forget, Facing and Interview, OSCEM-Public		
	TLO 4.10 Practice for Forgive and	Speaking, Attending a telephonic/Video interview & Mock		
	Forget	Interview, Affirmation, Pat-a-Back & Closure (Valediction,		
1		Unnati Branding, Student Testimonials), Meditation/ Affirmation &		
1		Sponsor connect (Speak to UNXT HO)		

Sr.No	Theory Learning Outcomes (TLO's)aligned to CO's.	Learning content mapped with Theory Learning Outcomes (TLO's) and CO's.	Suggested
5	TLO 5.1 Develop Literacy About Savings and Investments in the community TLO 5.2 Attain Literacy About Financial Planning TLO 5.3 Demonstrate skills about Financial Transactions TLO 5.4 Use Literacy skills About Income, expenditure and budgeting TLO 5.5 Use measures about Inflation in the market. TLO 5.6 Use Literacy/Knowledge About Loans TLO 5.7 Explain the Importance of Insurance TLO 5.8 Follow Dos and Donts about finances	MODULE-V: Financial Literacy 5.1 Introduction - Life Goals and financial goals 5.2 Savings and Investments - Three pillars of investments, Popular asset classes, Government schemes, Mutual Funds, Securities markets (Shares and bonds), Gold, Real Estate, Do's and Don'ts of investments 5.3 Retirement planning 5.4 Cashless transactions 5.5 Income, expenditure and budgeting – Concepts and Importance 5.6 Inflation- Concept, effect on financial planning of an individual 5.7 Loans – Types, Management of loans, Tax benefits 5.8 Insurance – Types, Advantages, selection 5.9 Dos and Donts in Financial planning and Transactions	i) Online/Offlin ii) Video Demo iii) Presentation iv) Case Study v) Chalk-Board vi) Collaborativ

VI. LABORATORY LEARNING OUTCOME AND ALIGNED PRACTICAL / TUTORIAL EXPERIENCES: NOT APPLIC

VII. SUGGESTED MICRO PROJECT / ASSIGNMENT/ ACTIVITIES FOR SPECIFIC LEARNING / SKILLS DEVELOP

Suggestive list of activities during Regular as well as Special Camping (NSS Activities)

- Following list is only an illustrative list of the type of activities that can be undertaken. Under the programme it would be open to of these programmes or any other activity which may seem desirable to them according to local needs. The NSS Unit should aim at the area selected for its operation which could be a village or a slum. It has also to be ensured that at least a part of the programme does in
- (a) Environment Enrichment and Conservation:
- The activities under this sub-theme would inter-alia, include:
- (i) plantation of trees, their preservation and upkeep
- (ii) Construction & maintenance of village streets, drains
- (iii) Cleaning of village ponds and wells;
- (iv) Popularization and construction of Gobar Gas Plants, use of non-conventional energy;
- (v) Disposal of garbage & composting;
- (vi) Prevention of soil erosion and work for soil conservation,
- (vii) Watershed management and wasteland development
- (viii) Preservation and upkeep of monuments, and creation of consciousness about the preservation of cultural heritage among the con
- (b) Health, Family Welfare and Nutrition Programme:
- (i) Programme of mass immunization;
- (ii) Working with people in nutrition programmes with the help of Home Science and medical college students;
- (iii) Provision of safe and clean drinking water;
- (iv) Integrated child development programmes;
- (v) Health education, AIDS Awareness and preliminary health care.
- (vi) Population education and family welfare programme;
- (vii) Lifestyle education centres and counselling centres.
- © Programmes aimed at creating an awareness for improvement of the status of women: (i) programmes of educating people and mak rights both constitutional and legal;
- (ii) creating consciousness among women that they too contributed to economic and social well-being of the community;
- (iii) creating awareness among women that there is no occupation or vocation which is not open to them provided they acquire the req
- (iv) imparting training to women in sewing, embroidery, knitting and other skills wherever possible.
- (d) Social Service Programmes:
- (i) work in hospitals, for example, serving as ward visitors to cheer the patients, help the patients, arranging occupational or hobby act guidance service for out-door-patients including guiding visitors about hospital's procedures, letter writing and reading for the patient up of patients discharged from the hospital by making home visits and places of work, assistance in running dispensaries etc.
- (ii) work with the organisations of child welfare;
- (iii) work in institutions meant for physically and mentally handicapped;
- (iv) organising blood donation, eye pledge programmes;
- (v) work in Cheshire homes, orphanages, homes for the aged etc.;

- (vi) work in welfare organisations of women;
- (vii) prevention of slums through social education and community action;
- (e) Production Oriented Programmes:
- (i) working with people and explaining and teaching improved agricultural practices;
- (ii) rodent control land pest control practices;
- (iii) weed control;
- (iv) soil-testing, soil health care and soil conservation;
- (v) assistance in repair of agriculture machinery;
- (vi) work for the promotion and strengthening of cooperative societies in villages;
- (vii) assistance and guidance in poultry farming, animal husbandry, care of animal health etc.;
- (viii) popularisation of small savings and assistance in procuring bank loans
- (f) Relief & Rehabilitation work during Natural Calamities:
- (i) assisting the authorities in distribution of rations, medicine, clothes etc.;
- (ii) assisting the health authorities in inoculation and immunisation, supply of medicine etc.;
- (iii) working with the local people in reconstruction of their huts, cleaning of wells, building roads etc.;
- (iv) assisting and working with local authorities in relief and rescue operation;
- (v) collection of clothes and other materials, and sending the same to the affected areas;
- (g) Education and Recreations: Activities in this field could include:
- (i) adult education (short-duration programmes);
- (ii) pre-school education programmes;
- (iii) programmes of continuing education of school drop outs, remedial coaching of students from weaker sections;
- (iv) work in crèches;
- (v) participatory cultural and recreation programmes for the community including the use of mass media for instruction and recreatior singing, dancing etc.;
- (vi) organisation of youth clubs, rural land indigenous sports in collaboration with Nehru Yuva Kendras;
- (vii) programmes including discussions on eradications of social evils like communalism, castism, regionalism, untouchability, drug a (viii) non- formal education for rural youth and
- (ix) legal literacy, consumer awareness.

Note:

- Above is just a suggestive list of microprojects and assignments; faculty must prepare their own bank of microprojects, assignments; similar way.
- The faculty must allocate judicial mix of tasks, considering the weaknesses and / strengths of the student in acquiring the desire
- If a microproject is assigned, it is expected to be completed as a group activity.
- SLA marks shall be awarded as per the continuous assessment record.

VIII. LABORATORY EQUIPMENT / INSTRUMENTS / TOOLS / SOFTWARE REQUIRED

Sr.No	Equipment Name with Broad Specifications	Relev
	Simple engineering measurement devices	
1	GPS data collection tools	
1	GIS open source softwares- Google Earth and QGIS	
	MS office suite	

IX. SUGGESTED WEIGHTAGE TO LEARNING EFFORTS & ASSESSMENT PURPOSE (Specification Table): NOT API

X. ASSESSMENT METHODOLOGIES/TOOLS

Formative assessment (Assessment for Learning)

Formative assessment (Assessment for Learning) Report and presentation of fieldwork activities, Self-Learning (Assignment)

Summative Assessment (Assessment of Learning)

XI. SUGGESTED COS - POS MATRIX FORM

		/ Z	Pro	gramme Outco	mes (POs)	1	
Course Outcomes (COs)	PO-1 Basic and Discipline Specific Knowledge	PO-2 Problem Analysis	PO-3 Design/ Development of Solutions	PO-4 Engineering Tools	PO-5 Engineering Practices for Society, Sustainability and Environment	PO-6 Project Management	PO- Lo Lea
CO1			/		03	03	
CO2	1011	30			02	02	(
CO3	01	01	01		03	03	(
CO4		01	01	01	03	03	
CO5		02		01	03	03	(

Legends :- High:03, Medium:02,Low:01, No Mapping: -

XII. SUGGESTED LEARNING MATERIALS / BOOKS

Sr.No	Author	Title
1	IRAP, Hyderabad, CTARA, IIT Bombay and UNICEF, Mumbai	Compendium of Training Materials for the Capacity Building of the Faculty and Students of Engineering Coll 'IMPROVING THE PERFORMANCE OF RURAL WATER SUPPLY AND SANITATION SECTOR IN MA Districts Economic survey reports
2	Central Public Health and Environmental Engineering Organisation	Manual on Water Supply and Treatment
3	Specifications And Standards Committee	Indian Standards (IS) Codes and Indian Roads Congress (IRC) Codes
4	Prepared by each district administration	Districts Economic survey reports
5	Local college students, UMA staffs	Sample Case Studies on UMA website
6	RBI	https://www.rbi.org.in/FinancialEducation/content/GUIDE310113_F.pdf
7	RBI	https://www.rbi.org.in/FinancialEducation/content/Financing%20needs%20of%20Micro%20and%20small%2%20A%20guide.pdf
8	RBI	https://www.rbi.org.in/FinancialEducation/content/I%20Can%20Do_RBI.pdf

XIII. LEARNING WEBSITES & PORTALS

Sr.No	Link / Portal	Description
1	https://gr.maharashtra.gov.in/Site/Upload/Government%20Resol	Government Resolution of Government of Maharas
1	utions/English/201601131501523808.pdf	Maharashtra Abhiyan
2	https://gr.maharashtra.gov.in/Site/Upload/Government%20Resol	Government Resolution of Government of Maharas
2	utions/English/201606151454073708.pdf	Maharashtra Abhiyan Guidelines
3	https://censusindia.gov.in/census.website/	A Website of Census of India
4	https://gsda.maharashtra.gov.in/english/	A Website of Groundwater Survey and Developmen
5	https://mrsac.gov.in/MRSAC/map/map	A Website where district-wise maps showcasing dif
3	nups.//misac.gov.m/wrksAC/map/map	Maharashtra Remote Sensing Applications Centre.
6	https://ejalshakti.gov.in/jjmreport/JJMIndia.aspx	A Website of Jal Jivan Mission, Government of Indi
7	https://cpcb.nic.in/	A Website of Central Pollution Control Board, Gove
8	http://www.mahapwd.com/#	A Website of Public Works Department, GoM
9	http://tutorial.communitygis.net/	A Website for GIS data sets developed by Unnat Ma

^{*}PSOs are to be formulated at institute level

Sr.No	Link / Portal	Description
10	https://youtu.be/G71maumVZ1A?si=TzDTxKUpLYaRos7U	A video record of lecture by Prof. Milind Sohoni, II Development and Society
11	https://youtu.be/TUcPNwtdKyE?si=wnSWrhGc9dJTC-ac	A keynote talk by Prof. Milind Sohoni, IIT Bombay Engineering: The Road Ahead
12	https://youtu.be/mKJj6j_1gWg?si=ajE8s4lfB2OM63Ng	A TED talk by Prof. Milind Sohoni, IIT Bombay, or Science of Delivery
13	https://www.ugc.gov.in/pdfnews/4371304_LifeSKill_JeevanKaushal_2023.pdf	UHV: UGC Course on life skils. Unit 4 i.e. Course
14	https://nss.gov.in/	NSS: Know about the NSS Scheme and details
15	https://www.rbi.org.in/FinancialEducation/FinancialEnterpre nure.aspx	Reference for Module V
16	https://www.rbi.org.in/FinancialEducation/content/I%20Can%20 Do_RBI.pdf	Reference for Module V
17	https://www.rbi.org.in/FinancialEducation/content/Financing% 20needs%20of%20Micro%20and%20small%20Enterprises%20-%20A%20g uide.pdf	Reference for Module V
18	https://www.rbi.org.in/FinancialEducation/content/GUIDE31011 3_F.pdf	Reference for Module V

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